



In-Person Conference

Lactation Support Matters: Physical Considerations for the Infant & Parent, Lactation Professionals, and Community

Friday, August 11, 2023 9:00 am to 2 pm

Hudson County Schools of Technology - Frank J. Gargiulo Campus
1 High Tech Way, Secaucus, NJ

How we position our bodies and interact with our environment impacts all areas of our lives, and lactation is no exception. This in-person conference will provide postpartum nurses, lactation consultants, and other perinatal health professionals with knowledge on how positioning and restrictions of the breastfeeding parent and infant impact breastfeeding success. Participants will gain skills to care for and protect their own bodies during the physical work of providing lactation support. And attendees will learn how they can take action to build an inclusive and supportive environment for their Black lactating patients and families.

Agenda

- 9 - 9:30 am** **Registration & Welcome**
- 9:30 - 11 am** **Movement's Impact on Breastfeeding and Development: A Baby's Perspective**
with Giselle M. Tadros, PT, DPT, Oral Motor Specialist and Carmen Baker-Clark, BA, IBCLC, RLC
- 11 - 12 pm** ***A Change Is Gonna Come: Affecting Real Change to Support Black Human Milk Feeding Families***
with Chanelle Andrews, BA, CBS, IBCLC, PMH-C
- 12 - 12:45 pm** **Lunch** to be provided
- 12:45 - 1:45 pm** **Ergonomics and Positioning Masterclass for Lactation Consultants and Postnatal Nurses**
with Keara McNair, MS, OTR/L, BCPR, ATP, Caroline Welch, OTD, OTR/L, Deanna Garofalo, BS, COTA (OTD Student)
- 1:45 - 2 pm** **Closing Remarks**

Target Audience: Nurses, lactation consultants and counselors, doulas

Continuing Nursing Education Contact Hours: The program has been awarded 3.5 contact hours.

The Partnership for Maternal and Child Health of Northern New Jersey is approved as a provider of nursing continuing professional development by New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. P194-3/2024

CERPs: An application for Continuing Education Recognition Points has been submitted to the International Board of Lactation Consultant Examiners.

Approval status does not imply endorsement by the Partnership for Maternal and Child Health of Northern New Jersey, NJSNA or by ANCC of any commercial products discussed/displayed in conjunction with the educational activity.

Learning Outcomes: After attending the program, 85% of learners will report intent to incorporate information presented into their professional practice.

Successful Completion: To receive contact hours for this continuing education program, the registrant must sign-in on the sign-in sheet, attend the entire conference, and complete and submit an online evaluation. Certificates of completion will be distributed electronically within two weeks of the event.

Disclosure/Commercial Support: None of the planners or speakers for this educational activity have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products use by or on patients. There is no commercial support for this activity.

Speakers

Giselle M. Tadros, PT, DPT, Oral Motor Specialist, founder of In-Home Pediatric PT of NJ and Milk Matters PT, has been helping babies and families in her community for over 23 years. She completed her Bachelor of Science in PT in 2000 from Queen's University in Canada and her Doctorate in Physical Therapy from Rutgers University in 2009. In 2021, Dr. Giselle and her husband Amir opened up a clinic specializing specifically in working with infants who have lip and tongue ties. She helps teach them efficient feeding with correct techniques through gentle and fun exercise protocols.

Carmen Baker-Clark, BA, IBCLC, RLC is an International Board Certified Lactation Consultant. She has been helping moms breastfeed their babies since 1998, first as a La Leche League Leader and working in private practice doing home visits as an IBCLC since 2005. She has a bachelor's degree from Princeton University in Art and Archaeology.

Chanelle Andrews, BA, CBS, IBCLC, PMH-C is the owner of Hey Mama Lactation and Perinatal Care and President of the New Jersey Breastfeeding Coalition. She is an International Board Certified Lactation Consultant and educator hailing from Camden, NJ. She is, at her core, an avid supporter of parents and communities. Chanelle has a passion for the “aha!” moments and providing people with the education and information they need to make the best decisions for their families and their goals.

Keara McNair MS, OTR/L, BCPR, ATP, is the Doctoral Capstone Coordinator for Rutgers University's OTD Program. She has over twelve years of clinical experience in inpatient rehabilitation, most recently acting as Kessler Institute's OT Fellowship Program Director. She has been a Board-Certified OT in Physical Rehabilitation since 2017 and obtained her Assistive Technology Professional designation in 2019.

Caroline Welch, OTD, OTR/L has practiced occupational therapy for 20 years, primarily working in pediatrics. She received both a BS (2001) and MS (2002) in Occupational Therapy from The University of Scranton in Scranton, PA followed by an OTD in 2017 at Temple University in Philadelphia, P.A. Dr. Welch has had the opportunity to work in both public and private school sectors, early intervention, and outpatient rehabilitation. She also has specialty certifications in Sensory Integration and Neurodevelopmental Treatment.

Deanna Garofalo, BS, COTA is currently a rising third-year student in the Occupational Therapy Doctorate program at Rutgers School of Health Professions. She joined the program after completing her Associate of Science in Occupational Therapy Assistant with Rutgers and has been working as a pediatric occupational therapy assistant throughout her academic journey.

Cost:

This conference is \$100. Ticket includes coffee, lunch, and continuing education credits.

Partnership member hospital staff, northern New Jersey nonprofit staff, and DOH/ DCF staff may receive a \$15 discount at time of registration using the code PMCHHOS23.

Registration:

[Click here](#) or scan the code below to register.

Space is limited.

