



Partnership for
Maternal &
Child Health
OF NORTHERN NEW JERSEY

Thursday, May 5, 2022

1:00 - 2:00 pm EST

Live Webinar*

Maternal Mental Health Awareness Month Series

Preeclampsia and Maternal Mental Wellbeing

Preeclampsia occurs in approximately 1 in every 12 pregnancies and can turn a woman's expected pregnancy experience into a life-threatening situation that can feel outside her control. Learn how to recognize the signs of postpartum anxiety, depression, and PTSD in patients with a traumatic pregnancy and how to connect patients more quickly to support resources to process their experiences.

Eleni Z. Tsigas is the Chief Executive Officer of the Preeclampsia Foundation, a patient advocacy organization headquartered in the US with an affiliate in Canada. She is a relentless champion for patient education and engagement, innovating healthcare practices, catalyzing science, and for realizing progress by building partnerships to improve pregnancy outcomes.

Target Audience: Perinatal Nurses, Advanced Practice Nurses, Doulas, Lactation Support Professionals, Social Workers

Learning Outcome: At the conclusion of the program, the participants will self-report knowledge gain related to the link between maternal health complications like preeclampsia and the impact on maternal mental health. Participants will self-report an intent to change practice by including information or tools presented into professional practice.

Continuing Nursing Education Contact Hours: This program has been awarded 1.0 contact hours.

The Partnership for Maternal and Child Health of Northern New Jersey is approved as a provider of nursing continuing professional development by New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. P194-2/2023

Approval status does not imply endorsement by the Partnership for Maternal and Child Health of Northern New Jersey, NJSNA or by ANCC of any commercial products discussed/displayed in conjunction with the educational activity.

***Unable to Attend the Live Event?** Registrants will receive an email with a link to access to the webinar recording from May 6, 2022 until June 17, 2022.

Successful Completion of the Recorded Program: To receive contact hours for the recorded continuing education program, the registrant must log in with the link received via email after the live event, attest to viewing the entire presentation, and complete and submit an evaluation. A certificate of completion will be distributed electronically within one month of receipt of the evaluation.

Please note - registration is required to receive the link to the recording

Successful Completion: To receive contact hours for attending the live continuing education program*, the registrant must sign-in for the webinar, attend the entire presentation and complete and submit an evaluation. A certificate of completion will be distributed within one week of the live program.

Disclosure/Commercial Support: The planners and speaker do not have any conflicts of interest to report for this activity. There is no commercial support for this activity.

Cost

\$20 for general public

Free for

- Partnership Member Hospital Staff
(View the [MEMBER HOSPITAL LIST](#))
- NJDOH & DCF Staff
- Staff from northern New Jersey nonprofit organizations
(within the counties Bergen, Essex, Hudson, Morris, Passaic, Sussex, Union, Warren)

*Use code **PMCHMH** when registering.*

You will be asked to submit your work email address and place of employment at time of registration.

Registration: [Click here](#) or scan the code to register for both the live and recorded program.



Questions? Visit [our website](#) or contact Yvelisse Gonzalez, MSW, LSW at ygonzalez@pmch.org