



Beyond the Pandemic: Lasting Impacts on Pediatric Health

Provided by the Partnership for Maternal and Child Health of Northern New Jersey
In collaboration with New Jersey Association for Infant Mental Health

June 16, 2022

Session 2

Supporting Early Childhood Coping and Resilience With Jayne Singer, Ph.D. IECMH-E®

9:15 – 10:15 am EST

Cost: \$25 for all four programs

Registration is **FREE** using the code **PMCHMH** for [Partnership member hospitals](#), NJ Department of Health staff, NJ Department of Children and Families staff, and staff at northern New Jersey-based community non-profit organizations (Bergen, Essex, Hudson, Morris, Passaic, Sussex, Union, and Warren counties only.)

If you would like to inquire about scholarship opportunities, or are registering multiple people from a large organization, please contact Sarah Muller-Robbins at srobbins@pmch.org.

Session Description

Behavioral and emotional self-regulation is essential to healthy child development. Practitioners and parents sharing observations of children's behavior together strengthens collaboration and relationships that promote emotional well-being. This process is most effective when partners deeply understand developmental processes. This 60-minute presentation will provide an overview of the Brazelton Touchpoints™ Developmental-Relational approach to understanding children's developmental "touchpoints;" the predictable periods in their functioning when behavior and caregiving routines change and can result in more stress for their caregivers. The workshop will include strategies for supporting young children's coping and resilience as they strengthen their emotional competence in relationships. These activities will support skills and well-being in service of capacity to serve young children and their families.

Presenter

Jayne Singer, Ph.D. IECMH-E®

Dr. Singer is a clinical psychologist and Endorsed® Infant- Early Childhood Mental Health Clinical Mentor with more than 40 years of experience with young children and families in hospital, school, and community-based settings. At Boston Children's, she provides evaluation and treatment for families and children aged birth throughout childhood with medical, developmental, emotional, behavioral, and familial challenges including trauma; and co-launched an early detection of Autism program as well as the Cardiac Neurodevelopmental Program. She is Past President of the Massachusetts Association for Infant Mental Health, an Assistant Professor of Pediatrics and Psychiatry at Harvard Medical School, and an International Facilitator of the Brazelton Touchpoints Approach and the Newborn Behavioral Observations system. At BTC, she serves as the Director of Developmental and Relational Health as well as Director of Clinical Training; where she spearheaded the Early Care and Education Initiative as an adaptation of the Touchpoints Approach to infuse preventive social-emotional health into early education. This developed into BTC's Tribal Touchpoints Initiative as well as the Federal Office of Head Start National Center of Parent, Family, and Community Engagement. She also created adaptations of the Touchpoints Approach for families living with children with developmental challenges and for families in the context of SUD recovery, as well as for mental health practitioners. She is the primary author of the Touchpoints in Early Care and Education Reference Guide and the Touchpoints in Reflective Practice guides for practitioners and mentors.

Target Audience

Pediatric Nurses, Advanced Practice Nurses, Pediatricians, Social Workers, Mental Health Specialists

Learning Outcome

At the conclusion of the program, the participants will self-report knowledge gain related to the impact of increased stress on early childhood development and strategies for supporting young children's coping and resilience. Participants will self-report an intent to incorporate strategies to enhance early childhood emotional and behavioral self-regulation into professional practice.

Disclosure/Commercial Support

The planners and speaker do not have any conflicts of interest to report for this activity. There is no commercial support for this activity.

Successful Completion

To receive contact hours for this continuing education program, the registrant must sign-in for the webinar, attend the entire presentation and complete and submit an evaluation. A certificate of completion will be distributed at that time.

Continuing Nursing Education Contact Hours

This program has been awarded 1.0 contact hours.

Partnership for Maternal & Child Health of Northern New Jersey is an approved provider of nursing continuing professional development by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Provider Number: P194-2/20-23.

Approval status does not imply endorsement by the Partnership for Maternal and Child Health of Northern New Jersey, NJSNA or by ANCC of any commercial products discussed/displayed in conjunction with the educational activity.

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Earn Infant Mental Health Endorsement® competency hours

Registration: Online at www.partnershipmch.org or <https://attendee.gotowebinar.com/register/2753986779322317836>

Questions? Contact Sarah Muller-Robbins at srobbins@partnershipmch.org