



Beyond the Pandemic: Lasting Impacts on Pediatric Health

Provided by the Partnership for Maternal and Child Health of Northern New Jersey

June 16, 2022

Session 3

Beyond the Pandemic: Anxiety, Depression & Youngsters With Danielle Forshee, Psy.D

10:30 – 11:30 am EST

Cost: \$25 for all four programs

Registration is **FREE** using the code **PMCHMH** for [Partnership member hospitals](#), NJ Department of Health staff, NJ Department of Children and Families staff, and staff at northern New Jersey-based community non-profit organizations (Bergen, Essex, Hudson, Morris, Passaic, Sussex, Union, and Warren counties only.)

If you would like to inquire about scholarship opportunities, or are registering multiple people from a large organization, please contact Sarah Muller-Robbins at srobbins@pmch.org.

Session Description

This session will review the impact of the pandemic on anxiety and depression in the pediatric population. Attendees will learn how to differentiate between everyday worry and anxiety, will learn concrete skills regarding how to listen to youngsters about difficult feelings, and will learn concrete tips regarding how to intervene and assist youngsters in the moment they are struggling with anxiety.

Presenter

Danielle Forshee, Psy.D

Dr. Danielle Forshee is a Licensed Psychologist specializing in clinical and forensic psychology practice with a focus in high-conflict matters including the assessment and treatment of high-risk behaviors, psychiatric disorders, and high-conflict family problems within and outside of the family court system. Throughout her career, Dr. Forshee has developed and provided over 50 trainings on psychological disorders, suicide and risk, non-suicidal self-injury and de-escalation strategies for law enforcement, hospital systems, attorneys and Judges, the NJ American Academy of Pediatrics, NJ Pediatric Collaborative, Prevent Child Abuse NJ, and Association for Justice. She has published work on issues related psychiatric emergency and its interface with the law through Springer International Publications and have been featured on Channel 9 news and in multiple press outlets for insights into national events, social issues, and guidance in dealing with psychological disorders and common relationship problems.

Target Audience

Pediatric Nurses, Advanced Practice Nurses, Pediatricians, Social Workers, Mental Health Specialists

Learning Outcome

At the conclusion of the session, the participants will self-report knowledge gain related to identifying mental health problems in young people and how to intervene and assist youngsters when struggling with anxiety. Participants will self-report an intent to change practice by incorporating information learned into practice.

Disclosure/Commercial Support

The planners and speaker do not have any conflicts of interest to report for this activity. There is no commercial support for this activity.

Successful Completion

To receive contact hours for each continuing education session, the registrant must sign-in for the webinar, attend the entire presentation, and complete and submit an evaluation for that session. A certificate of completion will be distributed within one week of the live event.

Continuing Nursing Education Contact Hours

This program has been awarded 1.0 contact hours.

Partnership for Maternal & Child Health of Northern New Jersey is an approved provider of nursing continuing professional development by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Provider Number: P194-2/20-23.

Approval status does not imply endorsement by the Partnership for Maternal and Child Health of Northern New Jersey, NJSNA or by ANCC of any commercial products discussed/displayed in conjunction with the educational activity.

Unable to attend the entire live event?

Registrants will receive an email with a link to access each session webinar recording from June 17, 2022 until July 1, 2022.

Successful Completion of the Recorded Program: To receive contact hours for each of the recorded continuing education sessions, the registrant must log in with the link received via email after the live event, attest to viewing the entire presentation, and complete and submit an evaluation. A certificate of completion will be distributed electronically within one month of receipt of the evaluation.

Please note - registration is required to receive the link to the recording.

Registration: <https://attendee.gotowebinar.com/register/2753986779322317836>

Questions? Contact Sarah Muller-Robbins at srobbins@partnershipmch.org