



## **Creating a Strong Foundation: Practical Suggestions for Improving Nurse Resilience and the Work Environment in a Maternity Setting**

Provided by the Partnership for Maternal and Child Health of Northern New Jersey

### ***Recorded Webinar***

***Dates Available: January 28<sup>th</sup>, 2022 to February 24, 2022***

***Cost: \$20***

***Member Hospital Staff: Free with discount code PMCHMH (please note- you must submit your work email address and place of employment at time of registration to receive member discount)***

This webinar will discuss the current challenges maternity nursing units are facing in the context of recent findings about maternity unit nursing resources (e.g., the work environment, staffing) and maternity nurse burnout and job satisfaction. From there, potential solutions will be considered for improving nurse outcomes.

### **Presenter**

**Rebecca Clark, PhD, MSN, RN, CNM, WHNP-BC**

Dr. Rebecca Clark is a Nurse Scientist and Assistant Professor at the University of Pennsylvania- Penn Nursing. Her research interest includes how nursing factors – such as the work environment and staffing – contribute to hospital variation in birth outcomes. Dr. Clark's vision for her research is that it would transform inpatient maternity care in the United States and lead to better, equitable birth outcomes.

### **Target Audience**

Nurse Administrators, Nurse Educators, Clinical Nurse Specialists, and Perinatal Nurses

### **Learning Outcome**

At the conclusion of the program, the participants will self-report knowledge gain related to practical suggestions for improving nurse resilience and the work environment and intent to change practice by including information or tools presented into professional practice.

### **Disclosure/Commercial Support**

The planners and speaker do not have any conflicts of interest to report for this activity. There is no commercial support for this activity.

### **Successful completion**

To receive contact hours for the program, the registrant must log into the recorded webinar via the unique link (received via email after the live event), view the entire presentation, and complete and submit an evaluation. A certificate of completion will be distributed within one week of receipt of the evaluation.

Three months after the program concludes, attendees will be expected to complete an on-line follow-up survey to assess long term impact of the education provided.

### **Continuing Nursing Education Contact Hours**

This program has been awarded 1.0 contact hours.

The Partnership for Maternal and Child Health of Northern New Jersey is approved as a provider of nursing continuing professional development by New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. P194-2/2023

Approval status does not imply endorsement by the Partnership for Maternal and Child Health of Northern New Jersey, NJSNA or by ANCC of any commercial products discussed/displayed in conjunction with the educational activity.

**Registration:** <https://attendee.gotowebinar.com/register/4433181824088864271>

**Questions?** Visit our website at <https://www.pmch.org/professional-education-programs> or contact Sarah Muller-Robbins at [srobbins@pmch.org](mailto:srobbins@pmch.org)