



Breastfeeding among Individuals Living with HIV: A Reasonable or Unreasonable Option?

Provided by the Partnership for Maternal and Child Health of Northern New Jersey

Date: Thursday, January 20th, 2022

Time: 1:00 – 2:00 pm EST

Learning Objectives

At the end of the program, learners will be able to

- Explain the reasons for the recommendation in the United States for individuals with HIV to not breastfeed
- List criteria for identifying those with HIV who may be candidates for breastfeeding
- State the current estimated risk of HIV transmission during breastfeeding in the context of viral suppression

Presenter: Judy Levison, MD, MPH

Judy Levison, MD, MPH is a professor in the Department of Obstetrics and Gynecology at Baylor College of Medicine, Houston, Texas. She completed her MD degree from Tufts University in Boston, her residency in Ob/Gyn at the University of Washington, and her MPH from the University of Texas School of Public Health in 2010.

She was in private practice in the Seattle area for 14 years and spent four years on the ob/gyn faculty at Stanford University Medical Center and at Santa Clara Valley Medical Center in California.

Since 2002 she has led the Harris Health System Women's Program, which provides obstetric and gynecologic care for women living with HIV in Houston, Texas. She is active in educating Texas health care workers about the management of HIV. She teaches medical students and residents in her clinics and at Ben Taub General Hospital. She is on the national Perinatal Guidelines Panel and provides consultation for the national Perinatal Hotline. Her work in the area of HIV has led her to consult on projects in Swaziland, Namibia, Ukraine, Dominican Republic, Honduras, Nepal, and Malawi. Her group is the first in the United States to develop a curriculum for group prenatal care for women living with HIV and to follow the outcomes of this program.

Target Audience

Perinatal Nurses, Advanced Practice Nurses, Lactation Consultants, Obstetricians, and Pediatricians

Learning Outcome

At the conclusion of the program, the participants will self-report knowledge gain related the current breastfeeding recommendations and guidelines for an HIV+ parent and intent to change practice by including information or tools presented into professional practice.

Disclosure/Commercial Support

The planners and speaker do not have any conflicts of interest to report for this activity. There is no commercial support for this activity.

Successful completion

To receive contact hours for this continuing education program, the registrant must sign-in for the webinar, attend the entire presentation and complete and submit an evaluation. A certificate of completion will be distributed within one week of receipt of the evaluation.

Three months following the program attendees will be expected to complete an on-line follow-up survey to assess long term impact of the education provided.

Continuing Nursing Education Contact Hours

This program has been awarded 1.0 contact hours.

The Partnership for Maternal and Child Health of Northern New Jersey is approved as a provider of nursing continuing professional development by New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. P194-2/2023

Approval status does not imply endorsement by the Partnership for Maternal and Child Health of Northern New Jersey, NJSNA or by ANCC of any commercial products discussed/displayed in conjunction with the educational activity.

CERPS

This program has been certified by International Board of Lactation Consultant Examiners to award 1.0 L-CERP.

Registration: at <https://attendee.gotowebinar.com/register/8713199059639356431>

Questions? Visit our website at <https://www.partnershipmch.org/professional-education-programs/virtualprograms-2-2/> or contact Andrea Booker at abooker@pmch.org or 973-268-2280 x103

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